

WACHUSETT REGIONAL HIGH SCHOOL ATHLETIC DEPARTMENT



Girls Soccer Program Expectation Sheet

- Players and parents should know that the girls varsity program has high expectations in terms of commitment at every level. The program is committed to player improvement through practices and off season conditioning; attending camps and clinics if possible; a time commitment during the season to make all games, practices, and team-sponsored events.
- All programs are dedicated to putting a competitive team on the field and especially at the varsity level, so playing time will never be equal.
- Most teams play two to three games per week and may have games on some weekends, including Columbus Day weekend and Labor Day. The teams usually practice every day. The varsity level may include practice Saturday or Sunday.
- Players are expected to take part in fundraising efforts to help offset the costs of warm-ups and other extra gear. The varsity team sponsors a soccer clinic for younger players as its primary fundraiser. The freshmen usually do a bake sale.
- Players are expected to attend every practice and game, unless excused by the coach directly.
- The best form of parent contact with coaches is via e-mail. Players should approach their coach after a practice session (not after a game) about any issues especially regarding playing time.
- Freshman girls sometimes share a bus with the boys team for away games, so they may be late getting back to school. If players go home with a parent or legal guardian, they must submit a parental consent form before they leave the field.